

SAFEGUARDING ADULTS

For People Self-Isolating



We want to make sure the **most vulnerable are safe** when they are self-isolating - Here are some things to think about if you are offered, or need, support during this time

Try to use **existing and trusted community groups** - If not, could a **family** member, **friend** or **neighbour** who you know and trust help?



Not sure? Don't answer the door

If you're not sure about an offer of help, ask the person to leave details and talk to someone you trust about it

To report concerns to **Adult Social Care** call **0121 704 8007**

If someone is in immediate danger call **999**

